



Recipe

Stovetop Granola

30g oil

180g jumbo oats

50g honey

50g sunflower seeds

1 teaspoon ground cinnamon



Method

1. Heat the oil in a pan, add the oats and honey
2. Cook until the oats start to toast and are not sticky
3. Sprinkle in sunflower seeds and cinnamon
4. Spread on a baking tray to cool

The granola can be stored in an airtight container for two weeks!

